

# UCCC CHATTER

## CALENDAR

May 3 - 7 Teacher  
Appreciation  
Week

May 5 Green  
Room field trip to  
Dickerson Park  
Zoo 9:15am to  
1:30pm

**May 7 Fall  
registration due;**  
Scholastic Book  
orders due

May 11 Board  
meeting at UCCC  
at 4:00pm

May 13 Green  
Room Graduation  
at UCCC at  
6:30pm

May 14 Spring  
semester ends

**May 15 - June 6  
UCCC closed**

June 7 Summer  
semester begins

### Stopping Aggression

Children who do not yet have the language skills to express their frustrations often behave aggressively. You can help your child learn positive ways to handle problems instead of acting out.

If your child hits or bites another child, firmly tell your child that it is wrong to hurt others. Give the child something quiet to do to calm them down. Once your child is calm, talk to him or her about the problem. Suggest ways your child can express himself or herself in the future without hitting or biting. If your child hits you, never hit back because it will teach your child that physical aggression is acceptable.

To prevent aggressive behavior, teach your child how to express himself or herself with words. If your child is not old enough for this, teach him or her activities that your child can use to express himself or herself in other ways. You can also teach your child problem-solving skills, so he or she can avoid some frustrations. Teaching your child to come to you or to another adult for help will also help him or her to resolve problems without turning to aggression. Always praise good behavior when you see your child using peaceful methods to settle disputes with other children, and limit your child's exposure to aggression through television, video games, or other media.

You can make the greatest impact in stopping or preventing your child's aggressive behavior by acting as a role model. Allow your child to see you solving some of your own disputes without aggression.

Sources: Questions and Answers About Aggression (2004). Military Family Resource Center. [On-line]. <http://mfrc.calib.com/healthyparenting>  
Teacher Children to Resolve Conflict (2004). Ohio State University Extension [On-line].

### MEET MISS. KATELYN

Katelyn Charlton joined the UCCC team in September of 2008. She began as a work study student and is now a part time Team Teacher. Miss. Katelyn is a junior at Missouri State University majoring in Elementary Education with an emphasis in Spanish. She is from Nevada, Missouri. Katelyn likes playing and watching basketball and she enjoys swimming and reading. Miss. Katelyn works varied hours at UCCC in the Red and Blue Rooms.

### *Children Learn Through Play:*

#### *Library/Book Area*

*Preschool age children enjoy books. One-on-one time is provided for the child and the adult to participate in a book-reading activity. Providing lots of book experiences for children helps their language skills, as well as gives them book-handling skills they will use forever. Looking for answers in books gives the children another example of the purpose of books. Enjoying the artwork of the book is yet another benefit!*

## ODDS 'N ENDS

- ⇒ We are participating in the Best Choice Save-A-Label program. Please save the UPC label from the Best Choice products you purchase and put them in the box located by the children's mailboxes. We also participate in the Campbell's Labels-For-Education program. These labels can be deposited in the same box.
- ⇒ UCCC offers a referral discount. When you refer another family to our center, a \$20.00 discount will be applied to your account. The referred family must not have been previously enrolled at UCCC. They must enroll and pay for one month's tuition before the discount is applied. Thank you for telling other families about UCCC!
- ⇒ Have you seen our website? Check it out at [www.universitychildcarecenter.org](http://www.universitychildcarecenter.org).
- ⇒ Thank you for participating in our gift card fundraising program. Our April order profited UCCC \$171.10 and we had one gift card donated to the center! Please let Jennifer know if you have any questions about this program or if you need additional forms.
- ⇒ Are you on face book? Become a fan of the University Child Care Center page.
- ⇒ UCCC requires a two week written notice before withdrawing your child from our program or two weeks' fees will be assessed.
- ⇒ Ms. Sarina is available to baby-sit over the semester break. She can be reached at 573-217-5912.

## TEACHER APPRECIATION WEEK

May 2 - 8

Take advantage of this opportunity to let your child's teachers know how much you appreciate all they do to care for and teach your child!

## Missouri Pre-K Standards Mathematics

### Your Child Will

Create patterns.

### Help Your Child

Play pattern games with your child (give your child green and red grapes and have her arrange them in patterns such as red, green, red, green or red, red, green, red, red, green).

## Things We Need at UCCC

- Scotch Tape (Green Room)
- Buttons (Blue Room)
- Dixie Cups (Red Room)
- Clear Contact Paper (Yellow Room)
- Printer Ink Lexmark 50 (black)
- Kleenex
- Scrip gift card to Office Depot

Thank You!

*Thank you to everyone who donated books off of our classroom wish lists during our book fair. We really appreciate it!!*

*Congratulations Mrs. Helen!!  
UCCC May Employee of the Month  
Be sure to let Mrs. Helen know how much you appreciate all she does to make UCCC a great place for children.*

## PARENT VOLUNTEERS NEEDED

We are currently needing parent volunteers for the following:

- ⇒ Classroom Volunteer (two hours per week).

